



## ADULTS 18 YEARS OLD AND UP

Open-level dance class for musical theatre lovers and creative movers. Ten sessions will focus on the jazz style of dance within different musical themes and time periods. Each class will include a warm-up, dance-skills development, musical theatre combination, and improvisation exercise. This workshop offers the opportunity for physical activity combined with artistically creative exercises. No experience is required.

### 10 SESSIONS

Tuesdays Feb 11 – April 22, 2025

No class on April 15 / snow makeup date April 29

**TIME: 7:00 PM – 8:15 PM**

**LOCATION: The Barn at Indian Ledge Park - Upstairs  
307 Indian Ledge Park Road Trumbull, CT (off of Whitney Ave.)**

**FEE: TRUMBULL RESIDENTS \$140 / NON-RESIDENT \$160**

This workshop is limited to 25 students. A minimum of 15 students is needed to hold this workshop. No refunds unless this workshop is canceled.

#### **INSTRUCTORS:**

**Jennifer Ellyson**, MA, R-DMT, LPCA, received her B.S. in Dance and Psychology from SUNY Brockport in 2001. She then studied Dance/Movement Therapy and Counseling at Columbia College Chicago, where she earned her M.A. in 2009. In addition to her training in various genres of dance, she is skilled in creative movement, improvisation, composition, dance conditioning, and Laban Movement Analysis. A passionate dance educator for 28 years, Jennifer has taught in a variety of settings, including studios, schools, fitness centers, and social service organizations. She has also held teaching leadership roles at the university level. She has staged and directed many dance/music/theatrical performances throughout her career and enjoys creating community through the arts!

**Katrina Perkins** combines over 25 years in education and her life-long love for dance to implement meaningful creative experiences for students. Her choreography credits include productions of *Grease* and *West Side Story*, as well as original choreography for show choirs, dance teams and schools, and college productions. She has taught dance to students aged 3 to 70 and appeared in several works as a performer in New York.

**REGISTER ON-LINE or IN PERSON** Trumbull Parks & Recreation Department 5892 Main Street Trumbull, CT 06611(across from Town Hall) **ON-LINE** Registration: <https://trumbullct.myrec.com> **Be sure to start by setting up an account if you do not already have one.** Email: [trumbullyouth@gmail.com](mailto:trumbullyouth@gmail.com) Ph:(203) 452-5060